

DISCLOSURE OF RISK

The Hillary Outdoors 6hr Adventure Race Series is a non-profit event organised by Hillary Outdoors Education Centres with the help of experienced adult volunteers from sports clubs and organisations around the country. Hillary Outdoors plans all challenges and course routes and is responsible for the overall safety management of the events. The volunteers help by monitoring challenges and student safety as well as score keeping and marshalling on the course. Hillary Outdoors coordinates the entries from schools and provides relevant event information, gear/equipment list to the registered teams prior to the event. It also provides the volunteers with hazard management strategies, task briefing information and the framework for scoring challenges.

As part of the Hillary Outdoors 6hr events students will be involved in a variety of challenges including – team initiative and problem solving tests (on land and water), mountain biking, trail running, orienteering and general navigation tests, both on and off track.

These activities contain some element of risk. This risk is countered by comprehensive safety briefings and by supervising the activities with experienced adults. It is important for safety purposes that students follow instructions given to them in the briefings.

Participation in all activities at the Hillary Outdoors 6hr Adventure Race events is voluntary. It should also be realised that because of the changeable and unpredictable nature of the outdoors, that the risk can never be reduced to zero. Hazards exist in these activities that may result in serious injury or even death. The types of hazards may include:

Orienteering, Flat water canoeing/kayaking, Mountain biking, slippery conditions, uneven ground, heights, cold and changeable weather, high winds, hypothermia, hyperthermia, sunstroke/sunburn, dehydration, water, moving at speed e.g. when cycling and vehicle travel (to/from and around the event)

ACKNOWLEDGEMENT OF RISK

It is understood that there are certain risks associated with outdoor activities in the Hillary Outdoors 6hr Adventure Race events that cannot be reduced to zero. We know that we are able to ask any questions of Hillary Outdoors or the experienced adults running each challenge to gain a better understanding of the activity before deciding whether to take part, and that the final decision about whether to take part or not, is over to each individual. If we decide to take part, we understand that the experienced adult running each challenge will identify any hazards that are liable to arise and correct procedures to deal with these, and that it is necessary for us to follow these. If the experienced adult has taken all reasonable precautions to ensure our safety, and we act outside of this advice, then we acknowledge that we do so at our own risk and we release Hillary Outdoors and all volunteers of the assisting clubs and organisations from liability for the consequences of our actions.

Date: _____

Teacher in-charge of the team _____

Note: Any information provided will be treated as confidential, to be used only by Hillary Outdoors staff and the assisting clubs and organisations for awareness of existing medical or physical conditions and for possible emergency contact. As with all such records, Hillary Outdoors store these for seven years.