



Medical and Team Consent Form

School Name: _____

Event and Date: _____

On the day team managers name and cellphone number: _____

Team medical overview: we are concerned about the following issues which may affect a team member. Please fill out and sign one form only per team.

| | | | | | | | | | |
|--|---|--|--|--|--|--|--|--|--|
| Enter all team members names in the 8 spaces provided. Then note Y or N in boxes for each question. Note any important medical information for individual students in the bottom section as per example. | J | | | | | | | | |
| | o | | | | | | | | |
| | e | | | | | | | | |
| | B | | | | | | | | |
| Do you have any medical, physical, or mental conditions that we should know about? e.g. epilepsy, diabetes, asthma, obesity, sight or hearing impediments, depression, injury or illness, high blood pressure? | Y | | | | | | | | |
| Is there anything else we should know about that could affect either your participation or others on the program? e.g. poor fitness, fears, bad back etc | N | | | | | | | | |
| Are you taking any medication that is critical to you during the event? | N | | | | | | | | |
| Do you have any allergies? | N | | | | | | | | |
| Are you a poor swimmer (can't swim 50m) or unconfident in water? | N | | | | | | | | |

Joe B – diabetes well under control takes medication for it

Please complete one form for each team you are entering in the event and bring it with you to registration on the day of the event.

DISCLOSURE OF RISK

The Hillary Challenge 6hr Adventure Race is a non-profit event organised by Hillary Outdoors Education Centres with the help of local volunteers and organisations around the country. Hillary Outdoors coordinates the entries from schools, designs the course and provides event information to the registered teams and volunteers and organisations assisting with each event. It also provides the assistants with generic hazard management and briefing information and the framework for scoring the challenges.

As part of the Hillary Challenge 6hr events students will be involved in challenges based around the outdoor pursuits of Orienteering/rogaining, Mountain biking, with various land and water based problem solving challenges also included in some events. At some events there may be a water element/challenge involving kayaks, canoes or stand up paddle boards.

These activities contain some element of risk. This risk is countered by comprehensive safety briefings and by supervising the activities with experienced adults. It is important for safety purposes that students follow instructions given to them in the briefings.

Participation in all activities at the event is voluntary. It should also be realised that because of the changeable and unpredictable nature of the outdoors, that the risk can never be reduced to zero. Hazards exist in these activities that may result in serious injury or even death. The types of hazards include:

Orienteering, Mountain biking, slippery conditions, uneven ground, heights, cold and changeable weather, high winds, hypothermia, hyperthermia, sunstroke/sunburn, dehydration, water environments, moving at speed e.g. when cycling

ACKNOWLEDGEMENT OF RISK

It is understood that there are certain risks associated with outdoor activities in the Hillary Challenge 6hr events that cannot be reduced to zero. We know that we are able to ask any questions of Hillary Outdoors or the experienced adults running each challenge to gain a better understanding of the activity before deciding whether to take part, and that the final decision about whether to take part or not, is over to each individual. If we decide to take part, we understand that the experienced adult running each challenge will identify any hazards that are likely to arise and disclose the correct procedures to deal with these, and that it is necessary for us to follow these. If the experienced adult has taken all reasonable precautions to ensure our safety, and we act outside of this advice, then we acknowledge that we do so at our own risk and we release Hillary Outdoors and all members of the assisting clubs and organisations from liability for the consequences of our actions.

It is understood that photos and/or videos may be taken of us during the event and possibly used for general promotion and in social media posts by Hillary Outdoors and event sponsors.

Date: _____

Teacher in-charge of the team _____

Note: Any information provided will be treated as confidential, to be used only by Hillary Outdoors staff and the assisting clubs and organisations for awareness of existing medical or physical conditions and for possible emergency contact. As with all such records, Hillary Outdoors store these for seven years.