



# HILLARY

## OUTDOORS

**PROGRAMME**  
**ACTIVITY OPTIONS**  
GREAT BARRIER ISLAND





# Activity Options

Great Barrier Island



## SIT ON TOP KAYAKING

### WHAT IS IT?

Flat water kayak sessions provide foundation skills before heading out into the surf or further afield. For younger participants this is a great standalone activity providing a balance of learning and fun.

### WHY DO IT?

Our stable sit on top kayaks, and sheltered bay, provide a great introduction to kayaking. Students learn the basic strokes and then put these to the test through a range of on water team games and challenges, before checking out more of the bay.



## COASTEERING

### WHAT IS IT?

A combination of swimming from point to point, walking around rocks, and jumping from a variety of heights while exploring a coastline. Some trips are accessible by sea kayak making this a full-day activity.

### WHY DO IT?

A participant favourite; coasteering encourages teamwork and provides a great opportunity for participants to expand their comfort zones. It is also a great way to build leadership and risk management skills.



## SEA KAYAKING

### WHAT IS IT?

Sea kayaks provide an ideal and environmentally-friendly method of transport for exploring the surrounding ports. Along the way students develop sea kayaking skills from basis to more advances depending on your programme's focus.

### WHY DO IT?

Many parts of Great Barrier Island are only accessible by boat. Reaching these spots is far more rewarding when you've put in some hard work to get there.



## SNORKELLING

### WHAT IS IT?

Grab a mask and snorkel to explore the underwater world of Great Barrier Island. Crack a kina to feed the fish and keep your eyes peeled for a wide variety of marine wildlife.

### WHY DO IT?

Great Barrier Island has some exceptionally clear water. The fish are friendly at our snorkelling spots.



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## SURF KAYAKING

### WHAT IS IT?

The east coast of Great Barrier Island has some amazing surf beaches. It is the perfect spot to test your surf kayaking skills. A few tips from the Hillary Outdoors staff will have you catching waves in no time.

### WHY DO IT?

Surf kayaking provides a high level of personal challenge as participants choose which waves to catch. It is also a great way to hone your paddling skills.



## RAFT BUILDING

### WHAT IS IT?

We will supply a collection of materials and some pointers on lashing. Your team challenge is to build an ocean going raft, and then race the other teams.

### WHY DO IT?

The design, build, and race components of this activity really put a group's teamwork to the test. Can the whole team stay calm under pressure? Will the strengths of each team member be utilised? We will soon find out, and reflect on the journey post-activity.



## SAILING

### WHAT IS IT?

A chance to learn basic sailing skill in the local bay. Our topaz sailing dinghies hold two people and are user-friendly for those who have not tried sailing before.

### WHY DO IT?

An iconic Kiwi sport; sailing is great for learning about the wind and perfecting your communication skills. As you work with your partner to control the dinghy; get it wrong and over you go!



## ROCK CLIMBING

### WHAT IS IT?

Three Kings is our natural rock climbing site. This climbing is similar to what you may have done in a climbing gym, but this time the holds won't be painted pretty colours and you'll need to work out the next move yourself. There are five climbs ranging from Grade 11 – 16.

### WHY DO IT?

Rock climbing is a great activity to build your resilience and perseverance, and to learn to trust your teammates who will be belaying you as you climb.



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## VIA FERRATA

### WHAT IS IT?

Via Ferrata translates to Iron Pathway. It's a method of travel which was used during the First World War to aid the movement of troops through the Dolomite Mountain Range, in Italy. This type of rock climbing has you traverse along a cable on top of Three Kings Crag until you abseil to finish the trip.

### WHY DO IT?

This is a great team activity which encourages communication, teamwork, and support for each other through tricky situations.



## HIGH ROPES

### WHAT IS IT?

Our High Ropes course contains lots of different challenges; some team, some individual. Balance across cables and beams and climb giant ladders. If you find it too easy, there is always something the instructor can do to make it a little more challenging.

### WHY DO IT?

A great activity to push your comfort zone multiple times in a short window. Plus, the opportunity to hone your teamwork and support for each other.



## ORAMA STREAM + ABSEIL

### WHAT IS IT?

This activity involves a journey either up or down the stream working as a team. Along the way there are small water holes and sections to bolder. The journey also involves a 6m abseil down a waterfall.

### WHY DO IT?

If you struggle with heights this is a good activity to start with. It's also a great opportunity to explore the forest and discover more of our back yard.



## OKIWI STREAM + ABSEIL

### WHAT IS IT?

Bush bash down through the forest to a 9m waterfall, where one by one your team will need to abseil down before continuing to follow the stream to the exit point.

### WHY DO IT?

A great activity to challenge yourself and push your comfort zone while seeing part of the native bush.



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## LOW ROPES + TEAM CHALLENGES

### WHAT IS IT?

A collection of team problem solving activities designed to encourage communication, creative thinking, trust and team cohesion.

### WHY DO IT?

These challenges set the foundation for successful teamwork, providing lots of opportunities for participants to review their performance and make improvements within a short span of time.



## OVERNIGHT EXPEDITIONS

### WHAT IS IT?

Journey by foot or by kayak as you head out to one of our remote campsites for the night. Pitch your tent, cook a meal on a camp cooker, and admire the stars – did you know Great Barrier is the only island in the world that is a Dark Sky Sanctuary?

### WHY DO IT?

Overnight expeditions allow participants to utilise the many skills they’ve developed during the week, supporting each other to complete the journey, planning team roles, organising equipment, and navigating to the evenings campsite.



## ENVIRONMENTAL PROJECTS

### WHAT IS IT?

Work alongside one of the local environmental trusts to help restore a habitat, maintain a track, reset a rat trap line, or clean up a section of coastline.

### WHY DO IT?

Environmental Projects are your chance to give back to the environment and the local community. Build an ethos of service and environmental care, and get to know the locals.



## ACTIVITY OPTIONS

These are the main activities we can do at Hillary Outdoors. Due to our amazing location and the expertise of our staff we have almost unlimited options of places to explore and things to do with our clients and no two weeks are the same.



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